

Department of Neurology

Department Highlights

Welcome New Residents!

We're excited to welcome the Neurology Residency Class of 2030 to BIDMC!

This exceptional group of physicians joins us from outstanding medical schools across the country and around the world, bringing diverse experiences, talent, and a shared commitment to advancing patient care.

Beth Israel Deaconess
Medical Center

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2026-2027 Neurology Residents

PGY 1 Residents	 Kiera Borthwick, MD Pager 37261	 Lauren Canha, MD Pager 91362	 Benjamin Coleman, MD Pager 91363	 Janessa Engelmeyer, MD Pager 91369	 Natalie Gurevich, MD Pager 91393	 Juliana Katz, MD Pager 91395	 Kyoko Kohno, MD Pager 91396	 Ava Siegel, MD Pager 91397	 Oliver Zhou, MD Pager 91398
PGY 2 Residents	 Trey Baird, MD Pager 91080	 Megan DeLong, MD, PhD Pager 91081	 Shannon Gu, MD Pager 91082	 Carolyn Habiger, MD Pager 91084	 Michael Hebert, MD Pager 91086	 Katrina Mulloz, MD Pager 91087	 Rebecca Ripperton, MD Pager 91056	 Yunting 'Mary' Yu, MD Pager 91088	
PGY 3 Residents	 Anika Daya, MD Pager 38038	 Annie He, MD Pager 38040	 Jony Hsu, MD Pager 38042	 Sweta Joshi, MD Pager 38043	 Mayumi Kohiyama, MD Pager 38044	 Hannah Lahey, MD Pager 38045	 Alexis Poykari, MD Pager 38054	 Karthan Reddy, MD Pager 38055	
PGY 4 Residents	 Abhilasha Boruah, MD Pager 37595	 Valerie Braddick, MD Pager 35796	 Rebecca Dann, MD, MS Administrative Chief Pager 37618	 Michelle Hick, MD Administrative Chief Pager 37630	 Clayton Neal, MD Pager 37645	 Ziqiang 'Selina' Lin, MD Pager 38289	 Hanna Peterson, MD Pager 37649	 Dylan Selbst, MD Administrative Chief Pager 37658	 Eileen Yung, MD, MS Pager 37665

Full Residency Class 2026-2027



Residents and Faculty enjoyed the annual Resident Welcome Party at Dr. Rutkove's home on 7/9.

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BIDMC Neurology on Capitol Hill



Samuel Frank, MD, recently joined advocates in Washington, D.C., meeting with members of Congress to raise awareness for Huntington's disease and other rare neurological disorders.

The meetings emphasized the importance of transparency, consistency, and flexibility in the regulatory process for rare disease drug development, helping ensure patient and clinician perspectives remain part of the national conversation.



Kumar featured in WBUR

In a recent **WBUR Cognoscenti** op-ed, our Department's own **Sandeep Kumar, MD**, outlined a vision for strengthening stroke systems of care across Massachusetts by improving emergency transport, transfer coordination, and timely access to advanced stroke treatment. Read more [here](#).

Stroke Team Launches B.E. F.A.S.T. Fridays

Congratulations to **Jillian O'Sullivan, Nicole Houpes, Kathy Bear**, and the stroke nursing team on launching **B.E. F.A.S.T. Fridays**, a mobile-friendly stroke education program designed to reinforce rapid stroke recognition through short, engaging learning modules. [Explore the module here](#).



Department of Neurology

Faculty Achievements



A Historic Achievement for Pushpa Narayanaswami, MD

Please join us in congratulating Pushpa Narayanaswami, MD, on two extraordinary achievements.

Dr. Narayanaswami has been named the next Editor in Chief of Muscle & Nerve, becoming the first woman in the journal's history to serve in this prestigious role. She was also honored with the 2026 Distinguished Physician Award from the American Association of Neuromuscular & Electrodiagnostic Medicine (AANEM), recognizing her exceptional contributions as a clinician, educator, and leader.

These honors reflect Dr. Narayanaswami's remarkable impact on the field of neuromuscular medicine and bring tremendous distinction to our department.



Shih appointed Associate Professor

Congratulations to **Ludy Shih, MD**, on her appointment as Associate Professor of Neurology. This well-deserved achievement recognizes her outstanding contributions to patient care, education, research, and academic leadership. We congratulate Dr. Shih on this exciting milestone.



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Harvard Medical
Faculty Physicians
at Beth Israel Deaconess Medical Center

Beth Israel Lahey Health 
Beth Israel Deaconess Medical Center

Department of Neurology

Faculty Achievements

HMFP Outstanding Colleague Awards

Congratulations to **Alexandra Stillman, MD**, **Alexandra Hovaguimian, MD**, **Ludy Shih, MD**, and **Jonah Zuflacht, MD**, who were among the 79 nominees recognized through the **HMFP Outstanding Colleague Award** program. Their nominations reflect their commitment to supporting colleagues during times of personal and professional need.



Congratulations to **Grace Ho, MD**, on her appointment as **Head of the Hinton Society at Harvard Medical School**. In this leadership role, she will serve as a Principal Clinical Experience (PCE) Mentor, helping guide and support Harvard medical students as they develop their clinical skills and professional identities. We congratulate Dr. Ho on this well-deserved recognition and her continued commitment to medical education and mentorship.

Congratulations to **Maggie Fermental**, who was nominated for the **Boston Globe's Salute to Nurses** and recognized through the BIDMC Nursing Awards Program. Her nomination beautifully captured the impact she has on patients and colleagues:



"Maggie is one of the most caring and empathetic people I have met. She cares for her patients with compassion and understanding... The Neurology department is lucky to have her on their team."

Read more about Maggie and all the nominated nurses across the region [here](#).

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Faculty Achievements



Congratulations to **Áine Russell** on earning her graduate degree from Bentley University this spring. We are proud to celebrate this important milestone and wish her continued success.

Welcoming New Hires



**Alana Breen, RN - Ambulatory
Clinical Nurse Manager**



**Belinda Duklaska - Practice
Manager (CNU, Movement, MS)**



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