

Department of Medicine

New Arrivals

Cardiovascular Medicine

Lauren Balkan, MD — BIDMC

Jingyi Gong, MD — BIDMC

Kathleen Kearney, MD — BIDMC

Nicholas Spetko, MD — BIDMC

General Medicine — Hospital Medicine

Ramla Abbas, MD — Plymouth, Milton, Needham, BIDMC

Sofiat Atoba, MD — BIDMC

Benjamin Barnett, MD — BIDMC

Yoel Benarroch, MD — BIDMC

Aliya Dincer, MD — BIDMC

Fanny Giron, MD — Plymouth, Milton, Needham

Ian Michael Kelly, MD — BIDMC

Rohit Khullar, MD — BIDMC, Milton, Needham, Plymouth

Xinmiao Luo, MD — Plymouth, Milton, Needham

Catherine Matthys, MD — BIDMC, Milton, Needham, Plymouth

Muzzammil Muhammad, MD — BIDMC

Supriya Oberoi, MD — Needham, Milton

Noelle Ojo, MD — BIDMC, Milton, Needham, Plymouth

Kalaila Pais, MD — BIDMC

Curtis Petruzzelli, MD — Plymouth, Milton, Needham, BIDMC

Department of Medicine

New Arrivals

General Medicine — Hospital Medicine

Kyra Sagal, MD — BIDMC, Milton

Emily Sisel, MD — BIDMC, Milton, Needham, Plymouth

Agostina Velo, MD — BIDMC, Milton, Needham, Plymouth

Kevin Weiss, MD — BIDMC

Dongchu Xu, MD — BIDMC, Milton, Needham, Plymouth

Pulmonary, Critical Care and Sleep Medicine

Laura McNamara, MD — BIDMC

Louisa Mounsey, MD — BIDMC

Michael Murray, MD — BIDMC

Eduardo Padrao, MD — BIDMC

Department of Medicine

Promotions



Jennifer Ho, MD

Jennifer Ho, MD, has been promoted to **Professor of Medicine** at **Harvard Medical School**. Dr. Ho is the Harrison Family Endowed Chair in Cardiovascular Research, Director of Research in the **Division of Cardiovascular Medicine**, faculty member of the advanced heart failure and heart transplantation section at BIDMC, and Associate Member of the Broad Institute at Harvard and MIT. She is an internationally recognized physician-scientist conducting clinical and patient-oriented translational research to understand mechanisms driving obesity-related cardiovascular disease with a focus on heart failure with preserved ejection fraction (HFpEF). Her lab has been continuously NIH funded, she has published over 175 peer-reviewed original investigations, and she directs the Cardiovascular T32 training grant at BIDMC. Dr. Ho has been instrumental in her role as Director of Research, working to create the right environment and opportunities to engage talented people across different research and clinical disciplines. Her selfless dedication to patients, trainees, and her peers is deeply admired – and elevates our work across all our missions.

Department of Medicine

Promotions



Catherine DesRoches, DrPH, MSc

Catherine (Cait) M. DesRoches, DrPH, MSc, faculty in the **Division of General Medicine** research section and Program Director of OpenNotes, has been appointed the **John F. Keane & Family Associate Professor of Medicine at Harvard Medical School**. The Keane Chair was established to promote patient engagement, safety, and healthcare value through fully transparent communication among patients, families, and clinicians — a mission at the heart of Dr. DesRoches's career. Dr. DesRoches is Associate Professor of Medicine at Harvard Medical School and a distinguished health services researcher with expertise in emerging trends in healthcare delivery. Under her leadership, OpenNotes has grown from a research initiative into a federally mandated standard of care: following the 21st Century Cures Act and the 2021 Information Blocking Rule, all electronic health information must now be made available to patients – a transformation to which Dr. DesRoches's work contributed directly. In accepting the chair, Dr. DesRoches follows its inaugural incumbent, OpenNotes co-founder Dr. Tom Delbanco – a fitting continuation of the legacy of scholarship and patient-centered innovation that the Keane Chair was created to advance.

Department of Medicine

Promotions



Mary LaSalvia, MD, MPH

Mary LaSalvia, MD, MPH, has assumed the role of **Chief Medical Officer of BIDMC**. Dr. LaSalvia is a highly respected physician leader with deep expertise in infectious diseases, internal medicine, quality and safety, and health system operations. She is currently an Assistant Professor of Medicine at Harvard Medical School and is faculty in our **Division of Infectious Diseases**. She served as Interim Chief of the Division of Infectious Diseases and has held numerous BIDMC leadership roles, most recently as Interim Chief Medical Officer. Prior to her Interim CMO role, she served as Associate Chief Medical Officer for Ambulatory Care. Throughout her career, Dr. LaSalvia has led critical initiatives across the organization, and was integral to our medical center's response to COVID-19. She has served as Medical Director of the Outpatient Parental Antimicrobial Therapy (OPAT) Program, and Operations Section Chief for both the COVID-19 and Epic Go-Live Hospital Incident Command Structures. Her leadership has been instrumental in advancing clinical excellence, operational readiness, and patient safety during times of extraordinary change.

Department of Medicine

Promotions



Marc Cohen, MD, and Caroline Jouhourian, MD

Marc Cohen, MD, and Caroline Jouhourian, MD, have both assumed the role of **Interim Chief Medical Officer, Ambulatory for BIDMC**. Along with Eric Ganz, MD, of the Department of OBGYN, the three will ensure continued, focused physician leadership for our ambulatory initiatives. Dr. Cohen has been a member of the BIDMC faculty since 2007 and is a primary care physician in the Division of General Medicine. A dedicated leader, he has served as Medical Director at Healthcare Associates since 2017, and as Clinical Chief for Primary Care within the section of General Medicine since 2020. Caroline Jouhourian, MD, is an attending general gastroenterologist in the Division of Gastroenterology, Hepatology and Nutrition, where she serves as the Director of General Gastroenterology, and the Medical Director of Stoneman 3 Endoscopy. As a team, Dr. Cohen, Dr. Jouhourian, and Dr. Ganz will bring a wealth of experience and collaborative leadership that will build on our strong momentum and strengthen the quality, access, and patient experience of ambulatory care at BIDMC.



Department of Medicine

Awards & Honors

Mark D. Aronson, MD, former Chief of the **Division of General Medicine** and Primary Care of five years and the **Department Vice Chair for Quality** from 2002 to 2022, has transitioned to **Emeritus status**. Dr. Aronson is a nationally respected leader in general internal medicine whose career has spanned more than four decades of innovation in primary care, medical education, and quality improvement. We are very grateful for his extraordinary contributions to the Department of Medicine over his career, and wishing him the very best in this new chapter!

Mingyu Zhang, PhD, MHS, research faculty in the **Division of General Medicine's** research section, has been featured in the **American Diabetes Association Research Showcase**. Dr. Zhang's work, supported by an ADA grant, is currently examining, "*Prenatal 'Forever Chemical' Exposure Linked to High Blood Pressure in Childhood.*" Their work will help fill a gap in our understanding of the health effects of forever chemicals, which are used in everything from food packaging to synthetic clothing to personal care products, and make their way into the environment, including drinking water.

Loren Rabinowitz, MD, faculty physician in the IBD Center in the **Division of Gastroenterology, Hepatology and Nutrition**, has been selected as this year's recipient of the **Nancy J. Tarbell Dean's Leadership Award for an Emerging Leader in Women's Careers** from **Harvard Medical School**. This award is part of The Joseph B. Martin Dean's Leadership Awards for the Advancement of Women, which recognize exceptional faculty at Harvard Medical School who have demonstrated leadership in promoting, retaining, and advancing women's careers.

Department of Medicine

Awards & Honors

Three members of the Department of Medicine have been selected for the Shapiro Institute's [2026-2027 Rabkin Fellowship in Medical Education](#). The nationally recognized program provides dedicated development time and intensive training for HMS faculty to advance their careers as educational leaders. The selected individuals from the Department are:

- **Shana (Lexie) Berwick, MD, MS**, of the **Division of Medical Oncology**
- **Ruvandhi Nathavitharana, MBBS, MPH**, of the **Division of Infectious Diseases**
- **Zachary Schoepflin, MD, PhD**, of the **Division of Hematology & Hematologic Malignancies**

Ken Bauer, MD, faculty in the **Division of Hemostasis and Thrombosis**, is the **2026 Thorndike Lecture awardee**. The annual Thorndike Lecture, hosted by the Internal Medicine Residency, recognizes a faculty member as one who has made enormous contributions to their field. It's a unique honor that highlights individuals who exemplify the BIDMC ideals – not simply of academic success, but those who demonstrate humility and compassion in what they do. They are the kind of doctor we would want for our own family members. Over his career, Dr. Bauer has helped define the modern understanding of coagulation and hypercoagulable states, and has dedicated over four decades of teaching and mentoring as a Professor of Medicine at HMS. Dr. Bauer's lecture was entitled, "*Hereditary Thrombophilia*."

Sylvia E. Rosas, MD, MSCE, nephrologist in our **Division of Nephrology** and physician-scientist at the Joslin Diabetes Center, received the **2026 Garabed Eknayan Award** from the **National Kidney Foundation (NKF)** at their Spring Clinical Meetings. The Garabed Eknayan Award was created to recognize an individual who has promoted the mission of the National Kidney Foundation in making lives better for people with kidney disease through exceptional contributions to key initiatives of NKF.

Department of Medicine

Awards & Honors

Carolina Fonseca Valencia, MD, faculty in the **Division of Gerontology**, was selected for the competitive **Tideswell AGS Emerging Leaders in Aging Program**. This national program is supported by the American Geriatrics Society, the Association of Geriatric Academic Positions, and a Tideswell at the University of California San Francisco. The program is designed for emerging leaders in the field of aging with virtual and in-person meetings planned throughout the one-year program. A champion of quality improvement and patient safety, Dr. Fonseca Valencia has led and participated in multiple initiatives that are reshaping the standard of care for older adults.

Two members of our **Division of General Medicine** research section **Ed Marcantonio, MD, SM**, and **Long Ngo, PhD**, have been selected as the 2026 recipients of the **William Silen Lifetime Achievement in Mentoring Award** from **Harvard Medical School**. The award is the highest recognition that HMS bestows to mentors for generosity of spirit and dedication to learners, and is given to individuals who have offered at least a quarter-century of mentoring at HMS.

Dr. Marcantonio is the Section Chief for Research in the Division of General Medicine, and is an internationally recognized clinical investigator and thought leader in delirium research. He has held numerous educational leadership roles and is deeply committed to mentoring, having personally mentored over 80 students, fellows, and junior faculty, many of whom are now independent investigators and leaders in aging research. Dr. Ngo is the Director of Biostatistics in the Division of General Medicine. To date, he has mentored over 50 junior faculty members, fellows, residents, and students. He has advised on many K- and R-award grants, and participated in training residents at our institution the last 17 years, giving lectures, consulting on study design and publications.

Department of Medicine

Awards & Honors

Stephen Juraschek, MD, PhD, physician-investigator in the **Division of General Medicine** research section, has been recognized with the **Young Mentor Award** from **Harvard Medical School**. The Young Mentor Award is one of HMS's Excellence in Mentoring Awards to recognize faculty who are still in the early stages of their career, but generously devote their time to mentoring.

Joseph D. Feuerstein, MD, Clinical Chief of the **Division of Gastroenterology, Hepatology and Nutrition**, has been selected as the **Crohn's & Colitis Foundation New England Chapter's Humanitarian of the Year**. The award is presented to a leader who demonstrates uncommon leadership and has contributed in an indisputable way to the quality of life of Crohn's and ulcerative colitis patients and families through patient service, professional education, or advocacy activities.

The **Katherine Swan Ginsburg Humanism in Medicine Awards** are given annually to both a member of the faculty and a senior resident who are selected by their peers. The award was established in Dr. Ginsburg's honor by the KSG program in our Internal Medicine Residency, and recipients are recognized for providing compassionate patient-centered care and for consistently exhibiting the core values of the program. This year's faculty recipient is **Sourik Beltrán, MD, MBE**, Hospitalist in the **Division of General Medicine**, and the resident recipient is **Kyra Sagal, MD**.

Ryan E. Nelson, MD, academic hospitalist in the **Division of General Medicine**, has been selected for the **Excellence in Clinical Instruction Faculty Award** by the **Harvard Medical School Class of 2026**. The Excellence in Clinical Instruction Faculty Award is voted on by the Harvard Medical School graduating class each year and recognizes one faculty member across all Harvard-affiliated teaching sites and specialties for outstanding clinical teaching and student mentorship.

Department of Medicine

Awards & Honors

Center for Education Teaching Awards

The **Center for Education** gathered to celebrate our medical education and to award this year's teaching awards as part of Medical Education Week.

Four members of the Department of Medicine were recognized for their dedicated work in education and were awarded the center's **Teaching Awards**. Faculty award recipients include:

- **Felipe Molina, MD**, for **Excellence in Ambulatory Student Teaching in Primary Care Medicine**
- **Kelsey O'Leary, MD**, for **Excellence in Inpatient Student Teaching in General Medicine**
- **Partha Sinha, MD, PhD**, for **Excellence in Ambulatory Student Teaching in Subspecialty Medicine**
- **Aditya Pawar, MD**, for **Excellence in Inpatient Medicine Student Teaching**

At the resident level:

- **Stephanie Ira, MD**, was the recipient of the **Junior Resident as a Teacher Award**
- **Muzzammil (Muzz) Muhammad, MD**, was the recipient of the **Senior Resident as a Teacher Award**

One of our educational leaders was recognized this year:

- **E. Wilson Grandin, MD, MPH, MEd**, faculty in the **Division of Cardiovascular Medicine**, was presented with the **2026 Simulation Educator of the Year Award**

Department of Medicine

Awards & Honors

Center for Education Teaching Awards

Three members of the Department received awards from Harvard Medical School:

- **Melanie Hoenig, MD**, faculty in the **Division of Nephrology**, was selected as the **2025 Most Outstanding HMS Pathways Preclerkship Course Director**
- Both **Jason Freed, MD**, faculty in the **Division of Hematology and Hematologic Malignancies**, and **Sol Schulman, MD, PhD**, faculty in the **Division of Hemostasis and Thrombosis**, were recognized with the **2025 Irving M. London Teaching Award**

One member of the Department received a BIDMC Academy Award:

- **Nick Villano, MD**, Hospitalist in the **Division of General Medicine**, is this year's recipient of the **2026 BIDMC Academy Award**

Seven members of the Department were recognized for their scholarly work during this year's ePoster Session:

- **Daniele Olveczky, MD, MS**, received the award for **Best UME/Student Education Project by Faculty**
- **Emanuelle Rizk, MD**, received the award for **Best UME/Student Education Project by a Resident or Fellow**
- **Partha Sinha, MD, PhD**, received the **Best GME/Resident Education Project Award by Faculty**
- **Laura McNamara, MD**, received the **Best GME/Resident Education Project by a Resident or Fellow**
- **Sudipta Mohanty, MD**, received the **Best Simulation Education Project by Faculty**
- **Ryan E. Nelson, MD**, received an honorable mention in the **Best GME/Resident Education Poster**
- **Cindy Won, BS**, received the **Best UME/Student Education Poster by a Student**

Department of Medicine

Awards & Honors

Residency Teaching Awards

The recipients of this year's Residency Teaching Awards, as selected by the Chief Medical Residents, Residents, and the Residency Leadership team, include:

- **Wendy Stead, MD**, attending physician in the **Division of Infectious Diseases**, was awarded the **Herrman Blumgart Award**
- **Zahir Kanjee MD, MPH**, member of the **Division of General Medicine**, received the **Robert C. Moellering, Jr. Teaching Award**
- **Laura Desrochers, MD, MPH**, an attending physician at Healthcare Associates in the **Division of General Medicine**, was awarded the **Preceptor of the Year**
- **Elizabeth (Lisa) Samelson, PhD**, an associate scientist at the **Institute of Aging Research at Hebrew Senior Life**, was presented with the **Gordon J. Strewler Mentorship of Resident Research Award**
- **Elizabeth Mahoney, BSN, RN**, who previously practiced on Farr 9, before moving to the Medical ICU, received the **Nursing Excellence Award**
- **David August Oddleifson, MD**, fellow in the **Division of Cardiovascular Medicine**, was awarded the **Fellow Teaching Award**
- **James G. Naples, MD**, attending physician in the Department of Otolaryngology-Head and Neck Surgery, was presented with the **Non-Medical Specialties Teaching Award**

Department of Medicine

Awards & Honors

After 45 years of service in numerous roles across BIDMC, **Ruth Colman, Manager of Graduate Education Programs for the Department of Medicine, retired on July 1.** Ruth administered all the Department's medical education programs, including our residency, the twelve ACGME-accredited fellowships, numerous non-accredited programs, and HMS student clerkships and electives. The backbone behind our Department's educational mission for decades, Ruth has had an indelible impact on the medical center and our educational programs, as well as on faculty, trainees, and staff alike.

Three members of the Department of Medicine were recognized by HMFP as Outstanding Physician Colleagues:

- **Julius J. Yang, MD, PhD**, of the **Division of General Medicine, Section of Hospital Medicine**
- **Tyler J. Peck, MD**, of the **Division of Pulmonary, Critical Care and Sleep Medicine**
- **Elizabeth S. Norian, MD**, of the **Division of General Medicine, Healthcare Associates**

Adam Rodman, MD, MPH, Hospitalist in the **Division of General Medicine** and Director of AI Programs at the Carl J. Shapiro Institute for Education and Research, has been selected to join the **National Academy of Medicine's (NAM) Scholars in Diagnostic Excellence program**. The program, a collaboration with the Council of Medical Specialty Societies, offers a one-year, part-time experience for exceptional health professionals to advance their diagnostic skills, make significant contributions to improve clinical diagnosis at the national level, and accelerate their career development as national leaders in the field.

Department of Medicine

Awards & Honors

The **2025 Department of Medicine Annual Report** has received a **prestigious Lamplighter Award** from the [New England Society of Healthcare Communications \(NESHCo\)](#). The awards recognize the outstanding achievements and campaigns produced in healthcare communications across New England. [Click here to access the most recent Annual Report](#), which received the Silver Award and was on the theme of ‘Our Best, For Boston and Beyond.’

Devyani Misra, MD, attending physician in the **Division of Gerontology**, and **Talya Salant, MD, PhD**, attending physician in the **Division of General Medicine** and at Bowdoin Street Health Center, are the recipients of the **2026 Eleanor and Miles Shore Faculty Development Awards**. Dr. Misra’s project is entitled, “*Cognitive dysfunction in autoimmune rheumatic diseases in older adults*.” Dr. Salant’s project is entitled, “*Improving clinical research recruitment at a community health center: An evidence-based implementation approach*.”

Sanjiv Chopra, MD, of the **Division of Gastroenterology, Hepatology and Nutrition**, has been included in the **2026 Class of Great Immigrants, Great Americans** by the **Andrew Carnegie Foundation**. The class recognizes 25 distinguished naturalized citizens from 21 countries whose contributions and achievements in academia, the arts, business, medicine, sports, science, technology, engineering, and math have strengthened America.

Department of Medicine

Awards & Honors

HOSPYP Awards

Our Section of Hospital Medicine in the **Division of General Medicine** presented their annual **BID Hospital Medicine HOSPYP Awards**. **Erin Truitt, MD, MPH**, and **Kirsten Courtade, MD**, were selected as this year's recipients of the **Most Valuable Team Player Award**.

The following clinicians across the system were awarded the **Clinician of the Year Award**:

- Boston: **Adam Strauss, MD**
- Milton: **Hans Chiang, MD, MBA, MS**
- Needham: **Alon Dor, MD**
- Plymouth: **Collin Bergey, MD**

The following clinicians across the system were awarded the **Teacher of the Year Award**:

- Boston: **Sourik Beltrán, MD, MBE**
- Needham: **Rajasekhar Tanikella, MBBS, MPH**
- Plymouth: **George Dekki, MD**

Department of Medicine

Press Released Research

Subhash Kulkarni, PhD, corresponding author and principal investigator in the Division of Gastroenterology, Hepatology and Nutrition, co-lead author and postdoctoral fellow Srinivas N. Puttapaka, PhD, and colleagues published, “*Stress-induced glucocorticoid signaling impairs enteric neurotrophin BDNF–TrkB pathway and drives gastrointestinal dysmotility*,” in the [Journal of Biological Chemistry](#). BIDMC co-authors include **Philippa Seika, MD**, **Su Min Hong, BS**, and **Ainsleigh Scott**. [Click here to read the press release](#), which was also covered in [The Harvard Gazette](#).

Towia Libermann, PhD, co-senior author, Director of the Genomics, Proteomics, Bioinformatics, and Systems Biology Center, and member of the **Division of Interdisciplinary Medicine and Biotechnology**, and colleagues published, “*Serum proteomics in paediatric inflammatory bowel disease from a case–control study: biomarker discovery and ulcerative colitis–Crohn's disease differentiation*,” in [eBioMedicine](#). BIDMC co-authors include **Laurie B. Grossberg, MD**, **Xuesong Gu, PhD**, and **Simon T. Dillon, PhD**. [Click here to read the press release](#).