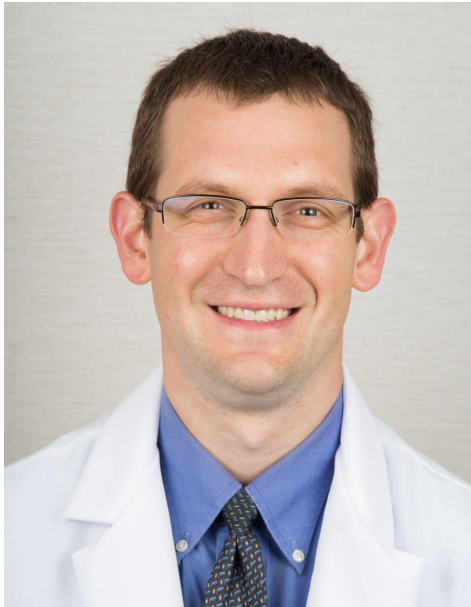


# Congratulating Young Mentor Award Winner

Stephen Juraschek, MD, PhD



**Stephen Juraschek, MD, PhD**, has been recognized with the **Young Mentor Award** from **Harvard Medical School**. The Young Mentor Award is one of Harvard Medical School's Excellence in Mentoring Awards and was established in 2005 to recognize faculty who are still in the early stages of their career, but generously devote their time to mentoring.

Dr. Juraschek is faculty in the **Division of General Medicine**, Associate Professor of Medicine at Harvard Medical School, Associate Professor of Nutrition at the Harvard T.H. Chan School of Public Health, and the Research Director of the AHA-certified Hypertension Center of Excellence at Healthcare Associates.

He is an internationally recognized expert in orthostatic hypotension and was co-chair of the NHLBI's 2024 Working Group on blood pressure assessment. He also currently serves as a voting member of the American Medical Association's Validate Blood Pressure committee, the co-chair of the AAMI's Sphygmomanometer Committee, a member of the American Heart Association Hypertension Scientific Council, and an Associate Editor of the *American Journal of Hypertension*.

His previous awards include the Harry Goldblatt Award from the American Heart Association and the 2024 Gordon J. Stewler Mentorship of Resident Research Award from the BIDMC Internal Medicine Residency. His research includes clinical trials and epidemiologic studies focused on hypertension, blood pressure measurement, and understanding the effects of and access to healthy diet.

[Click here to learn more about the HMS Mentoring Awards](#), which will be further celebrated at an event on June 11.