

CardioVascular Institute

Service Line Updates

Top Ranking in Transplant Center Report

The [Scientific Registry of Transplant Recipients \(SRTR\), July 2025 report](#) recognized the BILH Heart Transplant Program's outstanding outcomes. The program is currently ranked first in the US, measuring above the national average in all major metrics, including survival on the waitlist, access to transplant faster, and one-year survival outcomes.



Firefighter Health Screening Program

Under the leadership of **Eli V. Gelfand, MD, FACC**, the General Cardiology section has launched a comprehensive cardiac health collaboration with the Boston Fire Department (BFD). Boston firefighters who are part of the annual screening program at BFD and in whom a potential cardiac abnormality is detected now have direct access to a dedicated group of cardiologists for an in-depth consultation through a combination of telemedicine and in-person visits, anatomic and functional testing, and treatment. Also involved in the program are **Lucas Marinacci, MD**, **Christian Mewaldt, MD**, **Scott Laine**, and **Sue Deberardinis, RN**.

Department of Dermatology

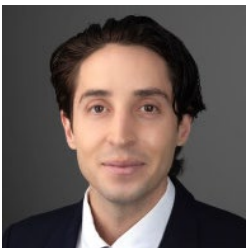
New Staff Arrivals

Welcome New Dermatology Faculty



We are pleased to welcome **Anusha Mohan Kumar**, MD, MSc, to the Department of Dermatology. Dr. Kumar's special interests include the intersection of skin and gastrointestinal diseases, with a particular expertise in managing cutaneous side effects of medications used to treat inflammatory bowel disease. Dr. Kumar will serve as our inaugural Director of Gastroenterology–Dermatology (GI-Derm) and will lead a GI-Derm specialty clinic on Tuesday afternoons in the Shapiro Clinic, while continuing her clinical research in this area.

She earned her medical degree from Stanford University School of Medicine, completed her internship at Brigham and Women's Hospital, and her dermatology residency at Mass General Brigham/Massachusetts General Hospital.



This fall, we welcomed **J. Michael Yardman-Frank**, MD, MPH, to the Department of Dermatology. Dr. Yardman-Frank sees patients in our Shapiro, Chestnut Hill, and Chelsea offices and spends three months each year attending on the inpatient consultation service. He cares for both general and cosmetic dermatology patients and participates in the Friday Resident Excision Clinic in Dermatologic Surgery twice per month.

Dr. Yardman-Frank has special interests in global health and expanding access to dermatologic care for underserved populations. He serves as our inaugural Director of Global and Community Health Dermatology, while continuing his research in these areas. In addition, he leads a new specialty clinic focused on Pigmentary, Granulomatous, and Lichenoid Disorders (the "PGL Clinic"), held on Tuesday mornings in the Shapiro Clinic.

Dr. Yardman-Frank earned his medical degree from the University of New Mexico School of Medicine and his master's in public health from the Johns Hopkins Bloomberg School of Public Health. He completed his internship at UMass Chan Medical School and his residency in Dermatology at Massachusetts General Hospital.

Department of Dermatology

New Staff Arrivals

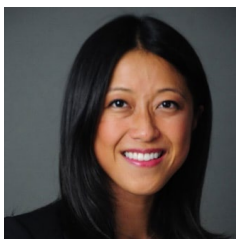
Welcome New Dermatology Faculty, Cont.



Sepideh Ashrafzadeh, MD, joined the Department of Dermatology on August 1 and is seeing patients in our Shapiro, Chestnut Hill, and Chelsea offices.

Dr. Ashrafzadeh serves as our new Director of High-Risk Skin Cancer and leads a specialty clinic dedicated to the care of these patients on Wednesday afternoons in Shapiro. In addition, she practices general and cosmetic dermatology and will attend the Friday Resident Excision Clinics in Dermatologic Surgery on a monthly basis.

Dr. Ashrafzadeh earned her medical degree from Harvard Medical School, completed her internship at Cambridge Health Alliance, and her residency in dermatology at Massachusetts General Hospital.



Welcome **Jamie Katy Hu, MD**, who is seeing patients in our Shapiro, Chestnut Hill, and Needham offices.

Dr. Hu will serve as our new Director of Hair Loss and will launch the department's first-ever specialty clinic dedicated to the care of patients with hair loss, held on Wednesday mornings in Shapiro. She recently completed a fellowship in laser and cosmetic dermatology and will practice cosmetic and general dermatology in our Needham and Chestnut Hill offices.

Dr. Hu earned her medical degree from Yale University School of Medicine, completed her internship at Yale–New Haven Hospital, residency in dermatology at the University of Miami/Jackson Health System, and fellowship at Massachusetts General Hospital.

Department of Surgery

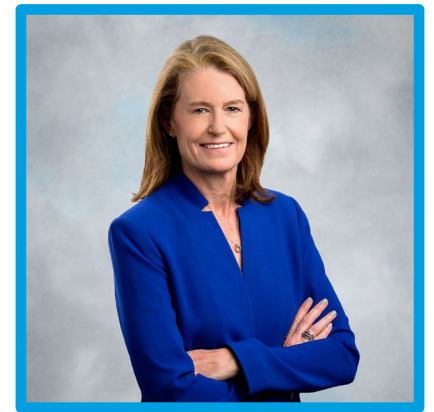
Service Line Updates

Breast Surgery at BIDMC

WELCOME-

Elizabeth Mittendorf, MD, PhD, MHCM

Chief, Division of Breast Surgery



COMING SOON-

Breast Surgery Team Expansion:

Laura Dominici, MD

Faina Nakhlis, MD

Michael Cassidy, MD

Department of Surgery

Service Line Updates

Colon and Rectal Surgery at BID Milton, BID Needham, BIDMC

Expanding Clinical Access and Expert CRS Care
to Milton and Needham

Welcome Alexander Xu, MD



Providing Clinical Care For:

- Anorectal disease (hemorrhoids, fistulae, fissures)
- Colon cancer
- Crohn's disease
- Diverticular disease
- Ileoanal pouch surgery
- Minimally invasive colorectal surgery (robotic, laparoscopic)
- Pelvic floor disorders
- Rectal cancer
- Transanal surgery
- Ulcerative colitis

Scheduling: 617-313-1730

Clinical Locations:

BID Milton

Center for Specialty Care
100 Reedsdale Road
Milton, MA 02186

BILH Care Center-Quincy

100 Walter J. Hannon Pkwy.
Quincy, MA 02169

BID Needham

Outpatient Clinical Center
148 Chestnut Street
Needham, MA 02492

BIDMC

330 Brookline Ave.
Boston, MA 02215

Beth Israel Deaconess
Medical Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Department of Surgery

Service Line Updates

Urology at Milton

Welcome Suzanne Merithew, PA!



Suzanne joins Dr. Shaun Wason and Dr. Joanna Wang, in providing urological care to patients in Milton and the surrounding communities.

- Pelvic floor dysfunction
- Benign prostatic hyperplasia (BPH)
- Urinary retention
- Prostate cancer screening
- Kidney stones
- Urinary incontinence
- Testosterone replacement
- Erectile dysfunction
- Hematuria and infections of the GU tract

Scheduling: **617-313-1730**

HMFP at BIDMC, Inc., Urology at Milton
Lintz Medical Office Building
100 Highland Street, Suite 202
Milton, MA 02186

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Department of Surgery

Service Line Updates

Vascular Surgery at Middleborough

Emmanuel Nwachuku, MD



Now seeing patients at BILH Care Center-Middleborough:

- Various artery diseases (carotid, peripheral, renal)
- Venous insufficiency
- Abdominal and thoracic aortic aneurysm
- Mesenteric ischemia (acute and chronic)
- Other vascular related conditions

Scheduling: 508-210-5900

BILH Care Center- Middleborough
8 Commerce Boulevard
Middleboro, MA 02346

Department of Surgery

Service Line Updates

Vascular Surgery at Signature Healthcare

Lars Stangenberg, MD



Now seeing patients at Signature Healthcare:

- Carotid artery surgery and stenting
- Endovascular and open repair of abdominal and thoracic aortic aneurysms
- Stenting and bypass surgery for peripheral vascular disease
- Thoracic outlet syndrome
- Varicose veins

Scheduling: **508-894-0400**

Signature Healthcare
110 Liberty Street, Suite 2C
Brocton, MA 02301

Department of Surgery

Service Line Updates

Breast Care
at BID Needham

Recognizing Breast Cancer Awareness Month



BID Needham BreastCare Center

Scheduling: 781-453-3800

148 Chestnut Street
Needham, MA 02492

**Beth Israel Deaconess
Medical Center**



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Department of Surgery

Service Line Updates

Transplant Nephrology at BID Plymouth

Welcome Leigh-Anne Dale, MD!



Seeing Patients For:

- Kidney and Pancreas transplantation
- Rejection management
- Pancreas transplantation
- Immunosuppression management
- Infectious disease risk management Malignancy surveillance
- Longitudinal care of chronic allograft dysfunction
- Metabolic and bone disease management

Scheduling: **617-632-9700**

BID Plymouth
Medical Office Building
46 Obery Street, Ste. 100
Plymouth, MA 02360

Department of Surgery



Follow us on Instagram!

For real time updates:

**surgical programing, new hires, state-of-the-art procedures
and more!**



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