

# CardioVascular Institute

## Service Line Updates

### Complex Hypertension Clinic

The [Complex Hypertension Clinic](#) is designed to comprehensively evaluate and treat patients with elevated blood pressure despite the use of multiple medications.

#### Services

- Manage resistant hypertension
- Titrate medications
- Assess secondary causes of hypertension
- Evaluate and manage renal artery stenosis
- Provide 24-hour ambulatory blood pressure monitoring (ABPM)

Referral in Epic >  
**Complex Hypertension**  
*Ambulatory referral to Cardiology*

Questions >  
[complexHTN@bidmc.harvard.edu](mailto:complexHTN@bidmc.harvard.edu)

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### Exercise Therapy for PAD

The Vascular Medicine Program offers [Supervised Exercise Therapy \(SET\)](#) to help patients with peripheral artery disease manage leg pain when exercising (intermittent claudication). Available in Boston, and BIDHC Chestnut hill, Chelsea, and Lexington.

Referral in Epic >  
**Supervised Exercise Therapy for PAD**  
*Ambulatory referral to Cardiology*

Questions >  
[VascularMedicine@bidmc.harvard.edu](mailto:VascularMedicine@bidmc.harvard.edu)

# Department of Medicine

## Service Line Updates

### Practice Location Changes Across the Department of Medicine

#### Healthcare Associates Practice Location Changes

In May, after 18 months of planning and construction, the **Healthcare Associates primary care practice completed a major move**. HCA closed its Atrium suite in the Shapiro lobby on East Campus and those patients and providers moved to two renovated locations. More care will now be provided in HCA's existing location on Shapiro 6, following a partial renovation of the space. In addition, HCA has now opened a second location in the Lowry Medical Office Building Garden Level on West Campus, led by Jonathan Li, MD, as Medical Director. The transition was executed under the leadership of Division Chief, Eileen Reynolds, MD, Clinical Chief, Marc Cohen, MD, Administrative Director, Meaghan McCusker, MPH, Senior Project Manager, Caitlin Thorn, MA, and countless other physicians and staff. HCA looks forward to providing the same exceptional care, as one unified primary care practice, now located across both campuses.

Please find the contact information and practice addresses for both HCA locations below:

# Department of Medicine

## Service Line Updates

### Healthcare Associates Practice Location Changes

#### Healthcare Associates Shapiro

330 Brookline Avenue, 6th Floor

Boston, MA 02215

**Phone:** 617-754-9600

**Fax:** 617-754-8996

#### Healthcare Associates Lowry

110 Francis Street, GB Level

Boston, MA 02215

**Phone:** 617-754-9600

**Fax:** 617-754-8997

### Allergy and Inflammation

In early May, our Allergy & Inflammation care relocated from the Lowry building to BIDMC - Chestnut Hill. The move was led by Division Chief Peter Weller, MD, Clinical Chief Trisha Ray, MD, Administrative Director, Amanda Yano-Litwin, and other faculty and staff. Their updated contact information and practice address are below. Referrals are currently open and can be made via phone or through MyChart.

200 Boylston St. 4<sup>th</sup> Floor

Chestnut Hill, MA 02467

**Phone:** 617-278-8760

**Fax:** 617-380-5112

# Department of Medicine

## Service Line Updates

### Infectious Diseases

Our Division of Infectious Diseases' outpatient care has moved from the Garden Level of the Lowry building to the first floor. The move was executed under the leadership of Division Chief Chris Rowley, MD, MPH, Administrative Director Amanda Yano-Litwin, and other faculty and staff. The updated contact information and address are below. Referrals are currently open and can be made via phone or through MyChart.

110 Francis Street, 1<sup>st</sup> Floor  
Boston, MA 02215

**Phone:** 617-632-7706

**Fax:** 617-303-8148

# Department of Neurology

## Department Highlights



### Expanding Access to Inpatient Neurology at Anna Jaques Hospital

We're excited to launch a new TeleNeurology partnership between HMFP neurologists at BIDMC and Anna Jaques Hospital. This collaboration addresses a growing need for inpatient neurology care at AJH—expanding services beyond TeleStroke to include expert non-emergent neurology consults.



### Neuro ICU Expanding to Support Growing Patient Needs

The Neuro ICU is expanding to an adjacent pod on Rosenberg 7, increasing capacity from 8 to 12 beds (6 per unit) with plans to grow to 16 beds by early 2026. This expansion will improve care for neurology and neurosurgery patients currently boarded elsewhere, ensuring timely, specialized treatment for complex cases.



### New Seizure Emergency Tool Released by the Epilepsy + Data Science Lab

The Epilepsy + Data Science Lab at Harvard Medical School and Beth Israel Deaconess Medical Center, led by **Daniel Goldenholz, MD, PhD, FAES**, has launched the first version of the **Seizure Emergency SafeSteps Platform**—an open-source toolkit designed to help caregivers respond quickly during a seizure emergency. The platform includes 3D-printable keychains and other tools that offer concise, country-specific guidance and are easy to carry every day.

[Learn more here.](#)

[Find 3D printing files here.](#)

# Department of Obstetrics and Gynecology

## Service Line Updates

### Global Health:

#### Department-Backed Hysteroscope Enhances Training Abroad

A hysteroscope purchased with support from our OB/GYN Department is now in use at Princess Marina Hospital in Gaborone, Botswana, where it is helping to train a local resident and OR team. Visiting OB/GYN resident **Sid Mohan**, MD, MS, Chief Resident (pictured pointing to the screen), led a recent teaching case, helping to expand surgical capacity and strengthen education through our ongoing global health partnership.





# Department of Surgery



**Follow us on Instagram!**

**For real time updates:**

**surgical programing, new hires, state-of-the-art procedures  
and more!**



**@surgery\_bidmc**

# Department of Surgery

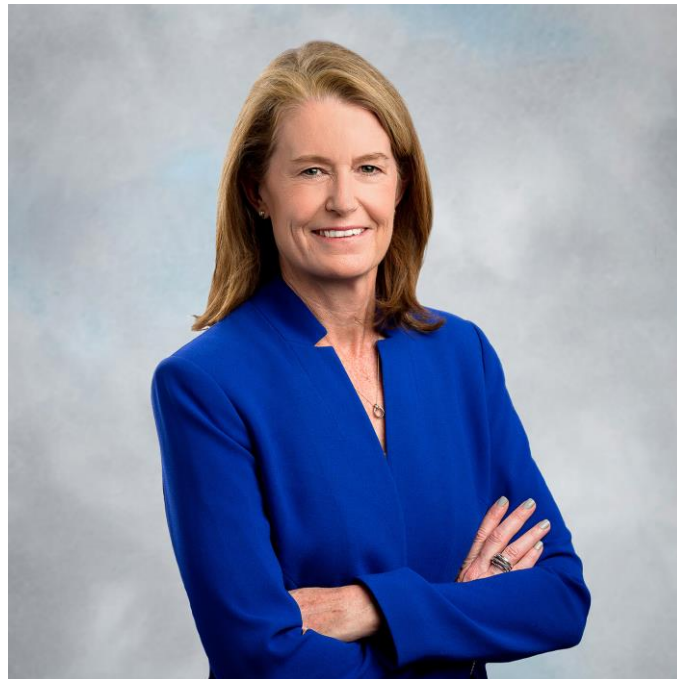
## Service Line Updates

### Breast Surgery at BIDMC

New Chief, Division of Breast Surgery

**Elizabeth Mittendorf, MD, PhD, MHCM**

**Joining September!**



A world-renowned surgeon, immunotherapy innovator, and recently named President-elect of the ASCO, Dr. Mittendorf will bring extraordinary leadership and expertise to our growing breast cancer program in collaboration with Dana-Farber.



# Department of Surgery

## Service Line Updates

### Adrenal Center at BIDMC



## Multidisciplinary Care for Patients with Adrenal Disorders

Individually tailored care, aimed to achieve the best outcomes for adrenal patients, coordinated by a team of experienced adrenal specialists from the Departments of Surgery, Medicine, and Radiology.

- Adrenal tumors/incidentaloma
- Conn's syndrome
- Cushing's syndrome
- Mild autonomous cortisol secretion (MACS)
- Adrenal insufficiency (Addison's disease)
- Pheochromocytoma
- Paraganglioma
- Adrenal cancer
- Metastatic cancer to the adrenal gland

[Visit webpage](#)

Accepting Referrals: [BIDMC-AdrenalCenter@bidmc.harvard.edu](mailto:BIDMC-AdrenalCenter@bidmc.harvard.edu)

Beth Israel Deaconess  
Medical Center



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

# Department of Surgery

## Service Line Updates

### BreastCare Center at BID Needham

## Welcome Kathryn (Kate) Carter, NP!



Kate joins Emily Howland, NP, in providing support to patients going through their individual breast care journey.

Our experienced Nurse Practitioners see patients for all benign breast concerns, including:

- **Breast lumps and thickenings**
- **Breast pain**
- **Breast infections**
- **Nipple discharge**
- **Abnormal mammograms**

**Scheduling: 781-453-3800**

148 Chestnut Street  
Needham, MA

# Department of Surgery

## Service Line Updates

### Endocrine at BILH Quincy Care



## Qing Lina Hu-Bianco, MD

### Endocrine Surgery

#### Seeing patients for:

- Adrenal cancer & nodules
- Cushing syndrome
- Graves' disease
- Hyperaldosteronism
- Hyperparathyroidism
- Hyperthyroidism
- Pheochromocytoma
- Thyroid cancer & nodules

**Scheduling: 617-632-1010**

100 Walter J. Hannon Parkway  
Quincy, MA

# Department of Surgery

## Service Line Updates

**Urology**  
**at BID Milton**

**Celebrating ONE YEAR!**



**Shaun Wason, MD and Joanna Wang, MD**

**Offering General and Specialized Urologic Care**  
**Advanced Diagnostic Testing**  
**In-office Procedures**  
**State-of-the-Art Urology Suite**

**Scheduling: 617-313-1750**

Lintz Medical Office Building  
100 Highland Street, Suite 202  
Milton, MA

**Beth Israel Deaconess  
Medical Center**



**HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL**

# Department of Surgery

## Service Line Updates

**Vein Center**  
**at BID Plymouth**

## BID Plymouth Vein Center **NOW OPEN!**



*Emmanuel Nwachuku, MD & Junaid Malek, MD*

- **Board Certified Vascular Surgeons**
- **Advanced Care for Varicose Veins**
- **Minimally Invasive Vein Treatment**

**Scheduling: 508-210-5900**

46 Obery Street  
Plymouth, MA

**Beth Israel Deaconess  
Medical Center**



**HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL**

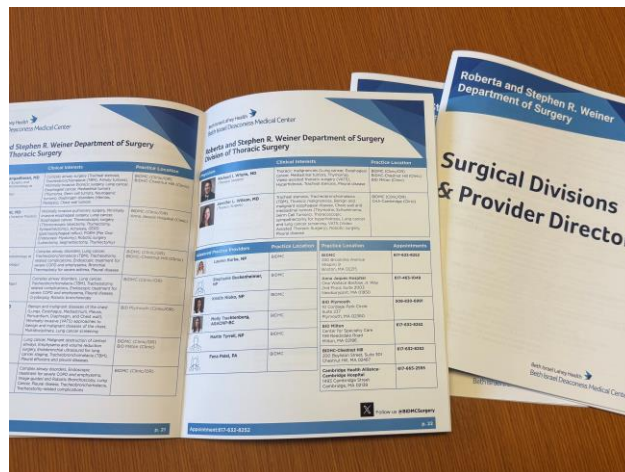


# Department of Surgery

## Service Line Updates

### New Surgical Provider Directory Available electronically or in print!

*Up-to-date clinical locations and referral information  
at your fingertips*



Email Lulu Lamb ([llamb1@bidmc.harvard.edu](mailto:llamb1@bidmc.harvard.edu)) to receive a copy