

CardioVascular Institute

Service Line Updates

Complex Hypertension Clinic

The [Complex Hypertension Clinic](#) is designed to comprehensively evaluate and treat patients with elevated blood pressure despite the use of multiple medications.

Services

- Manage resistant hypertension
- Titrate medications
- Assess secondary causes of hypertension
- Evaluate and manage renal artery stenosis
- Provide 24-hour ambulatory blood pressure monitoring (ABPM)

Referral in Epic >
Complex Hypertension
Ambulatory referral to Cardiology

Questions >
complexHTN@bidmc.harvard.edu

Exercise Therapy for PAD

The Vascular Medicine Program offers [Supervised Exercise Therapy \(SET\)](#) to help patients with peripheral artery disease manage leg pain when exercising (intermittent claudication). Available in Boston, and BIDHC Chestnut hill, Chelsea, and Lexington.

Referral in Epic >
Supervised Exercise Therapy for PAD
Ambulatory referral to Cardiology

Questions >
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